Charles Domfeh

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RESEARCH

Interests	pedagogy and curriculum in physical education · coaching studies and analysis in sports movements · Curriculum and Pedagogical Issues in Education · Coaching Studies (Sports) · Sports Movement Analyses Studies · Physical Education and Health Issues
Areas	Physical Therapy, Sports Therapy and Rehabilitation · Developmental and Educational Psychology · General Health Professions · Infectious Diseases · Orthopedics and Sports Medicine · Sociology and Political Science

RESEARCH SUMMARY

33	58	4	1	0.35	0%
Publications	Citations	h-index	i10-index	Field-weighted impact	World top 10%

Counted from the 33 publications listed below, 2006–2026. Field-weighted impact is the mean over the 12 works scored for it; 1.00 is the world average for works of the same field, type and year. 0 of the 12 papers scored for it are among the world's most cited tenth for their field, type and year.

POSITIONS

Lecturer, Associate Professor 2018–present
Health, Physical Education and Recreation (HPER), University of Cape Coast, Cape Coast, Ghana

Senior Lecturer 2011–present
University of Cape Coast, Cape Coast, Ghana

Coach 2003–2012
UCC Soccer Team, University of Cape Coast, Cape Coast, Ghana

EDUCATION AND QUALIFICATIONS

Doctor of Philosophy 2008–2012
Physical Education, Ahmadu Bello University, Zaria, Nigeria

Master of Philosophy 2000–2002
Physical Education, University of Cape Coast, Cape Coast, Ghana

IAAF-Level 1 Athletics Coaches Certificate 1998
University of Education, Winneba, Winneba, Ghana

I.O.C Athletic Certificate 1998
University of Education, Winneba, Winneba, Ghana

Diploma 1994–1996
Biology, University of Cape Coast, Cape Coast, Ghana

Coach's Diploma in Coaching Studies (Soccer) 1989
University of Physical Education, Budapest, Hungary

Bachelor of Education in Physical Education 1985–1989
Department of Population & Health, University of Cape Coast, Cape Coast, Ghana

PUBLICATIONS

Journal articles 27

1. Doris Hagan, Victor Luckboy Dzramado, Cynthia Yaba Kumah, **Charles Domfeh**, Joana Edem Koto, Samuel Antwi, Thomas Hormenu (2026). ART adherence care strategies among adolescents living with HIV in Ghana's Ashanti Region: a qualitative study. *Frontiers in Public Health*. https://doi.org/10.3389/fpubh.2026.1915477
2. Animbom, C. H. (Chia), Lo-Oh, J. L. (Joseph), **Domfeh, C. (Charles)** (2026). Enhancing Sprinting Performance Through Competency-Based Approach (CBA): Evidence From A CBA Intervention Among Students in the University OF Bamenda. *Neliti*.
3. Doris Hagan, Victor Luckboy Dzramado, Cynthia Yaba Kumah, **Charles Domfeh**, Joana Edem Koto, Samuel Antwi, Thomas Hormenu (2026). The relationship between self-reported adherence and virological outcomes among adolescents on antiretroviral therapy in Ghana. *BMC Public Health*. https://doi.org/10.1186/s12889-026-27647-z
4. Nathaniel Atikumi, Daniel Apaak, **Charles Domfeh**, Christopher Akubah, Dorcas Osei, Abena Adasa Nkrumah (2025). Evaluating Health Markers Response to Aerobic Exercise among Keep Fit Club Members in Ghana: A Paired Analysis Across Age Categories. *Advances in Physical Education*. https://doi.org/10.4236/ape.2025.151006
5. SK Donkor, **Charles Domfeh** (2025). The Weight They Carry: Effects of Heavy Backpacks on Junior High School Students in Effutu Municipality, Ghana. *African Educational Research Journal*. https://eric.ed.gov/?id=EJ1468860
6. Simon Kormla Donkor, **Charles Domfeh** (2024). Classroom Practices of Basic School Teachers in the Implementation of the Standards-Based Physical Education Curriculum in Public Basic Schools in the Effutu Municipality, Ghana. *Creative Education*. https://doi.org/10.4236/ce.2024.1512148
7. Kodwo Owusu, Daniel Apaak, **Charles Domfeh**, Alexander Kweku Eshun (2024). Knowledge and Teaching Competencies of Physical Education Teachers on Students with Special Needs in the Central Region, Ghana. *Baltic Journal of Sport and Health Sciences*. https://doi.org/10.33607/bjshs.v4i131.1462
8. **C Domfeh**, T Hormenu, Michael Appiah (2023). Instructional supervision and practices of teachers in physical exercise and sports programmes in public primary schools of Volta Region, Ghana. *Faculty of Natural and Applied Sciences Journal of Mathematics, and Science Education*. https://fnasjournals.com/index.php/FNAS-JMSE/article/view/247
9. Dr. Daniel Apaak, Alexander Kweku Eshun, **Charles Domfeh**, Khalid Attah-Osei (2022). Relationship between Selected Physical Fitness Variables and Shooting Accuracy among High School Basketball Players in the Cape Coast Metropolis, Ghana. *Journal of Advances in Sports and Physical Education*. https://doi.org/10.36348/jaspe.2022.v05i11.002
10. Anthoniette Asamoah, Nancy Innocentia Ebu Enyan, AKA Diji, **Charles Domfeh** (2021). Cold Chain Management by Healthcare Providers at a District in Ghana: A Mixed Methods Study. *BioMed Research International*. https://doi.org/10.1155/2021/7559984
11. Timothy K. Mensah, Monday O. Moses, **Charles Domfeh** (2020). Anthropometric and motor performance characteristics of male soccer players in public universities. *Central European Journal of Sport Sciences and Medicine*. https://doi.org/10.18276/cej.2020.4-02
12. **Charles Domfeh** (2020). Knowledge and challenges of partograph utilisation among midwives in the central region of Ghana. *EC Nursing and Healthcare*. https://ir.ucc.edu.gh/server/api/core/bitstreams/c85fdb74-e1ab-43b1-8e08-5970db5a39d8/content
13. **C Domfeh** (2018). Challenges physical education teachers encounter in teaching alongside coaching sports in senior high schools in the central region of Ghana. *Journal of Education and Practice*. https://scholar.google.com/scholar?cluster=14522654764341501100&hl=en&oi=scholarr
14. **Charles Domfeh** (2016). Job Related Stress Of Head Teachers In Kwahu West Municipality In The Eastern Region Of Ghana. *Journal of Counselling, Education and Psychology*.

15. **Charles Domfeh** (2016). The Level Of Participation In Physical Exercise By University Of Cape Coast Graduate Students and Factors Associated With It. . *Journal of Counselling, Education and Psychology*.
16. **Charles Domfeh** (2016). The dilemma on the policy of classroom teacher as against subject teachers, teaching in primary schools in Ghana: the way forward for physical education as a core subject. *Ghana Journal of Health Physical Education Recreation Sports and Dance (GJOHPERSD)*. https://doi.org/10.47963/gjohpersd.v9i1.547
17. **Charles Domfeh** (2015). Factors influencing female teacher-trainees' non-participation in physical activity and sports in colleges of education in Ashanti region of Ghana. *Ghana Journal of Education Issues and Practice (GJE)*. https://doi.org/10.47963/gje.v1i.468
18. **Charles Domfeh** (2015). Reconciling mentor and residence lecturer's scores in grading students on teaching practice to be true reflection of students' performance. *Ghana Journal of Health Physical Education Recreation Sports and Dance (GJOHPERSD)*. https://doi.org/10.47963/gjohpersd.v8i.558
19. **Charles Domfeh** (2013). History and Development of Physical Education in Ghana and Nature of Physical Education in Colleges of Education in Ghana. *Journal of Educational Research and Development*.
20. **& Domfeh** (2012). Assessing Progress Towards Universal Primary Education in Ghana and Nigeria. *Journal of Business and Educational Policies*.
21. **Charles Domfeh** (2012). Assessment Of Constraints To Teaching And Learning Of Physical Education In First Cycle Public Schools In Ghana. *Journal of Educational Research and Development, (A Journal of the Faculty of Education ABU, Zaria)*.
22. **Charles Domfeh** (2012). Integrating assessment with instruction in physical education procedures to develop techniques for authentic assessment during physical education lesson. *Journal of Health, Physical Education, Sports and Leisure Studies*.
23. **Charles Domfeh**, Ansah (2011). Perceived determinants associated with non-participation of University of Cape Coast lecturers in sports and physical exercise. *Journal of Educational Research and Development,*.
24. **Charles Domfeh** (2009).).Comparison of physical fitness level of pupils With hearing impairment and pupils with normal hearing in the Cape Coast Municipality. *Ghana Journal of Health Physical Education, Recreation and Dance,*.
25. **C. Domfeh** (2009). Factors responsible for the inability of Black Stars of Ghana to qualify for the World Cup Soccer Tournament from 1962-2002. *Ghana Journal of Health Physical Education, Recreation and Dance,*.
26. **Charles Domfeh** (2009). Ghana Journal of Health Physical Education, Recreation and Dance,. . *Ghana Journal of Health Physical Education, Recreation and Dance,*.
27. **Domfeh** (2009). Selected motor- skill related to physical fitness levels of pupils with hearing impairment and pupils with normal hearing in the Cape Coast Municipality in Ghana. *Ghana Journal of Health Physical Education, Recreation and Dance,*.

Conference papers 1

1. **Charles Domfeh** (2011). The place of the special child in mainstream physical education programme of Ghana Education Service in the Central Region of Ghana. *International Conference Proceedings, LASU*.

Reports 2

1. **& Domfeh** (2008). An introduction to physical education. A module written for Centre for Continuing Education. *Hampton Press.*.
2. **Charles Domfeh** (2006). Teaching Physical Education; A Guide to Teachers. *Kumasi*.

Theses 3

1. **Charles Domfeh** (2020). Lived Experiences of Diabetics Living in Rural Areas in the Eastern Region. *University of Cape Coast*. https://ir.ucc.edu.gh/server/api/core/bitstreams/d6d812c6-9967-4c0c-b25a-d4ab057f73d3/content
2. **Charles Domfeh** (2018). Knowledge and utilisation of partograph by Midwives in public health facilities in the Cape Coast Metropolis. *University of Cape coast*. https://ir.ucc.edu.gh/server/api/core/bitstreams/b6cdcc32-5ca0-4450-9f01-ec9f6c0b0fe5/content
3. **Charles Domfeh** (2008). Factors associated with low participation of females in university sports in Ghana. *Dissertation of Master of Philosophy Degree in Physical Education. University of Cape Coast. http://ir. ucc. edu. gh/dspace/browse-title*. https://ir.ucc.edu.gh/server/api/core/bitstreams/70d4b257-6451-444d-8b1d-19f422f9f7f3/content