

# Salome Amissah-Essel

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## RESEARCH

Interests Health Education · Health Promotion · Maternal and Child Health  
Areas Clinical Psychology · Education · Epidemiology · Oncology · Nutrition and Dietetics · Public Health, Environmental and Occupational Health

## RESEARCH SUMMARY

|              |            |          |           |                       |               |
|--------------|------------|----------|-----------|-----------------------|---------------|
| <b>19</b>    | <b>172</b> | <b>6</b> | <b>4</b>  | <b>1.35</b>           | <b>13%</b>    |
| Publications | Citations  | h-index  | i10-index | Field-weighted impact | World top 10% |

Counted from the 19 publications listed below, 2014–2026. Field-weighted impact is the mean over the 16 works scored for it; 1.00 is the world average for works of the same field, type and year. 2 of the 16 papers scored for it are among the world's most cited tenth for their field, type and year.

## POSITIONS

### Senior Lecturer

Health, Physical Education and Recreation, University of Cape Coast, Cape Coast, Ghana

## PUBLICATIONS

### Journal articles 18

1. Catherine Mensah, Salome Amissah-Essel, Nancy Innocentia Ebu Enyan (2026). Psychosocial Health Experiences and Coping Strategies of Family Caregivers of Adults With Cancer: A Qualitative Study. *Health Science Reports*. <https://doi.org/10.1002/hsr2.71857>
2. Richard Mensah, Salome Amissah-Essel, Jacob Owusu Sarfo (2026). Socio-demographic and food safety practices correlates of diarrhoea among mothers, nursing 6-12-month-old children in the Sekyere South District, Ghana. *Discover Public Health*. <https://doi.org/10.1186/s12982-026-01898-y>
3. Mah, F. J. (Forcham), Tambi, A. P. (Agborbechem), Nkepah, B. D. (Beyoh), Amissah-Essel, S. (Salome) (2026). Validity OF Participation Rate AND Physical Qualities on Learners' Performance in Individual Sports: A Study Using the Learner-Centric Performance Assessment Tool. *Neliti*.
4. Felicia Elinam Dzamesi, Esinam Ami Avoroyo, Salome Amissah-Essel (2025). Ghanaian kindergarten teachers' curriculum knowledge and perspectives on play-based learning: does teacher qualification matter? *Early Years Journal of International Research and Development*. <https://doi.org/10.1080/09575146.2025.2525966>
5. Edward Wilson Ansah, Samuel Maneen, Augustine M-H. Gabla, Marian Tweneboa, Comfort Worna Lotse, Clara Araba Mills, Salome Amissah-Essel (2025). The Road to Ph.D.: A Scoping Review of Psychosocial Climate for Doctoral Students in Africa. *Global Journal of Transformative Education*. <https://doi.org/10.14434/gjte.v5i1.36498>
6. Lynn Strong, Kourtney Byrd, Salome Amissah-Essel, Cecilia Obeng (2024). Perceptions of Antenatal Care among Ghanaian Mothers. *Women*. <https://doi.org/10.3390/women4030023>
7. S Amissah-Essel, Nsiah-Asamoah (2023). Women's Perspectives on Human Milk Banking in Ghana: Results from a Preliminarily Cross-sectional Study. *Frontiers in Public Health*,.
8. Cecilia Obeng, Frederica Jackson, Salome Amissah-Essel, Christiana Nsiah-Asamoah, Cydne A. Perry, Ines

Gonzalez Casanova, Emmanuel Obeng-Gyasi (2023). Women's perspectives on human milk banking in Ghana: results from a cross-sectional study. *Frontiers in Public Health*. <https://doi.org/10.3389/fpubh.2023.1128375>

9. Wonder Andrea Yayra Amenuvor, Peace Mawufemor Wudagli, Salome Amissah-Essel, Nancy Innocentia Ebu Enyan (2023). 'I don't feel good about myself and sex': sexual health experiences of women with gynaecological cancer in Ghana. *African Journal of Midwifery and Women s Health*. <https://doi.org/10.12968/ajmw.2022.0034>
10. Cecilia Obeng, Frederica Jackson, Christiana Nsiah-Asamoah, Salome Amissah-Essel, Barnabas Obeng-Gyasi, Cydne A. Perry, Ines Gonzalez Casanova (2022). Human Milk for Vulnerable Infants: Breastfeeding and Milk Sharing Practice among Ghanaian Women. *International Journal of Environmental Research and Public Health*. <https://doi.org/10.3390/ijerph192416560>
11. Cecilia Obeng, Salome Amissah-Essel, Frederica Jackson, Emmanuel Obeng-Gyasi (2022). Preschool Environment: Teacher Experiences during the COVID-19 Pandemic in Ghana. *International Journal of Environmental Research and Public Health*. <https://doi.org/10.3390/ijerph19127286>
12. Salome Amissah-Essel (2022). Teachers' health and safety practices in early childhood care and development centres in Cape Coast Metropolis, Ghana: A sequential explanatory study. *International Journal of Child Health & Human Development*. <https://openurl.ebsco.com/contentitem/gcd:162045165?sid=ebsco:plink:crawler-gcd&id=ebsco:gcd:162045165&crl=c&jrnl=19395965>
13. Nancy Innocentia Ebu Enyan, Yaa Boahemaa Gyasi Aderoju, Salome Amissah-Essel (2022). 'She is my wife and I have to support her': exploring cervical cancer awareness and perceptions of married men in a Ghanaian community. *African Journal of Midwifery and Women s Health*. <https://doi.org/10.12968/ajmw.2021.0055>
14. Salome Amissah-Essel, Nancy Innocentia Ebu Enyan, Christiana Asiedu (2021). Hosting persons with mental illness: narrative study on the experiences of a female caregiver managing a mental home in Ghana. *Mental Health and Social Inclusion*. <https://doi.org/10.1108/mhsl-07-2021-0041>
15. Salome Amissah-Essel, John Elvis Hagan, Thomas Schack (2020). Assessing the Quality of Physical Environments of Early Childhood Schools within the Cape Coast Metropolis in Ghana Using a Sequential Explanatory Mixed-Methods Design. *European Journal of Investigation in Health Psychology and Education*. <https://doi.org/10.3390/ejihpe10040081>
16. Salome Amissah-Essel (2020). Assessment of institutional health and safety practices of early years schools in Cape Coast Metropolis, Ghana: a mixed methods approach. *Ghana Medical Journal*. <https://doi.org/10.4314/gmj.v54i2.7>
17. Nancy Innocentia Ebu, Salome Amissah-Essel, Christiana Asiedu, Selorm Akaba, Kingsley Asare Pereko (2019). Impact of health education intervention on knowledge and perception of cervical cancer and screening for women in Ghana. *BMC Public Health*. <https://doi.org/10.1186/s12889-019-7867-x>
18. Salome Amissah-Essel, Michael Agyei (2014). Job satisfaction and motivation levels of graduate teachers in Cape Coast, Ghana. *Journal of Educational Development and Practice*. <https://doi.org/10.47963/jedp.v5i.965>

#### Theses 1

1. Salome Amissah-Essel (2018). Determinants of Health and Safety Conditions of Early Childhood Care and Development Centres in Cape Coast Metropolis, Ghana. *University of Cape Coast*. <https://ir.ucc.edu.gh/items/6b31c752-a03d-4c29-a6b6-8f161b51a0b2>