

Anthony Kwabena Nkyi

Associate Professor · Department of Guidance and Counselling
University of Cape Coast

ORCID [0000-0001-9381-5898](https://orcid.org/0000-0001-9381-5898) · Google Scholar scholar.google.com/citations?user=OTQ08NAAAAAJ&hl=en · Profile scholar.ucc.edu.gh/staff/9ced3487-fa0e-4c3f-af44-18cadaac8583

RESEARCH

Interests Clinical Psychology · Substance Abuse · Adolescence · Loneliness · Existential Psychology
Areas Clinical Psychology · Social Psychology · Health · Education · Epidemiology · Organizational Behavior and Human Resource Management

RESEARCH SUMMARY

52	263	9	9	1.35	22%
Publications	Citations	h-index	i10-index	Field-weighted impact	World top 10%

Counted from the 52 publications listed below, 2010–2024. Field-weighted impact is the mean over the 18 works scored for it; 1.00 is the world average for works of the same field, type and year. 4 of the 18 papers scored for it are among the world's most cited tenth for their field, type and year.

POSITIONS

Lecturer 2013–present
Guidance and Counselling, University of Cape Coast, Cape Coast, Ghana

EDUCATION AND QUALIFICATIONS

Doctorate 2007–2010
Psychology, University of the Rockies, Colorado Springs, United States

PUBLICATIONS

Journal articles 44

1. Anthony K. Nkyi, Bridgette Baaba (2024). Coping, health anxiety, and stress among health professionals during Covid-19, Cape Coast, Ghana. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0296720>
2. ANTHONY K NKYI (2024). HEALTH ANXIETY AND STRESS AMONG HEALTH PROFESSIONALS DURING COVID-19 IN CAPE COAST, GHANA. *AFRICAN JOURNAL FOR THE PSYCHOLOGICAL STUDIES OF SOCIAL ISSUES*. <https://ajpssi.org/index.php/ajpssi/article/view/622>
3. Harriet Afriyie-Adjimi, Anthony Kwabena Nkyi (2024). Impact of body image and perceived stigmatization on the psychological wellbeing of obese women in Kumasi metropolis, Ghana. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0296061>
4. Anthony Kwabena Nkyi, Jerry Paul K. Ninnoni (2024). Purpose in life, loneliness and depression among patients with substance use disorders in the psychiatric hospitals in Ghana. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0299391>
5. Anthony K Nkyi, Gladys Barkei Djankpa (2023). Effects Of Widowhood Rites On The Psychological Distress And Life Satisfaction Among Konkomba Widows In The Saboba District, Northern Ghana. *Journal of Namibian Studies*. https://www.researchgate.net/profile/Gladys-Djankpa/publication/374997771_Effects_Of_Widowhood_Rites_On_The_Psychological_Distress_And_Life_Satisfaction_Among_Konkomba_Widows_In_The_Saboba_District_Northern_Ghana/links/653a64591d6e8a7070506663/Effects-Of-Widowhood-Rites-On-The-Psychological-Distress-And-Life-Satisfaction-Among-Konkomba-Widows-In-The-Saboba-District-Northern-Ghana.pdf

6. Dominic Owusu, Francis Arthur, Anthony Kwabena Nkyi, Mark Owusu Amponsah, Godwin Awabil, Stephen Doe Fia, Kwasi Otopa Antiri (2023). Profiling Differences in Burnout Among Senior High School Teachers in Ghana Based on Their Demographic Characteristics. *International Journal of Changes in Education*. <https://doi.org/10.47852/bonviewijce32021809>
7. Felix Yirdong, Michael T. Anim, Anthony K. Nkyi, Frederick Ocansey (2023). Religious coping and depressive symptoms in people living with HIV in Ghana. *Mental Health Religion & Culture*. <https://doi.org/10.1080/13674676.2022.2164567>
8. Anthony Kwabena Nkyi (2022). Relationships among Occupational Stress, Social relationships at the Workplace, and psychological wellbeing of nurses and midwives in the Catholic Health Service of the Western *commitment*. <https://www.academia.edu/download/131848735/download.pdf>
9. Dr. Dominic Owusu, Professor J.A Omotosho, Dr. Mark Owusu Amponsah, Dr. Anthony A. Nkyi, Sarfo, Esther Arthur (2021). Class Level Differences in Stress Experiences and Coping Strategies among Undergraduate Students. *Zenodo (CERN European Organization for Nuclear Research)*. <https://doi.org/10.5281/zenodo.5778564>
10. Anthony K Nkyi (2021). Clinical learning experience among nursing students in Ankaful psychiatric hospital, Ghana. *IAHRW International Journal of Social Sciences Review*. <https://search.proquest.com/openview/d7fe3fd2531ac56143ed74b5f508cab9/1?pq-origsite=gscholar&cbl=5347679>
11. Anthony Kwabena Nkyi (2021). Coping Strategies Adopted by Nurses and Midwives to Mitigate the Impact of Occupational Stress in the Catholic Health Service of the Western Region of Ghana. *Texila International Journal of Nursing*. https://www.academia.edu/download/75402827/Nursing_Vol7_Issue2_Article_8.pdf
12. Anthony Kwabena Nkyi (2021). Eric Kwasi Eliason. *Journal ISSN*. https://www.academia.edu/download/86024379/jbres1384_1.pdf
13. Dominic Owusu, Anthony K Nkyi (2021). Impact of Occupational Stress and Burnout on Turnover Intentions among Senior High School Teachers in the Cape Coast Metropolis, Ghana. *Journal of Education and Practice*. <https://doi.org/10.47941/jep.524>
14. Aziz Ansah, Humphrey Danso Bamfo, Anthony K. Nkyi (2021). Non-adherence to Psychotropic Medications among Mentally ill Patients at the Ankaful Psychiatric Hospital. *Indian Journal of Health and Wellbeing*.
15. Anthony Kwabena Nkyi (2021). Occupational stress, burnout, job dissatisfaction and Turnover intentions among senior high school Teachers in cape coast metropolis, Ghana. *Ghana (Doctoral dissertation, University of Cape coast)*. <https://ir.ucc.edu.gh/server/api/core/bitstreams/c1d741d8-abbf-47d4-bca5-aebc98712896/content>
16. Anthony K Nkyi (2021). Prevalence of comorbid mental illness, substance use disorders: A study at psychiatric department, Korle-Bu teaching hospital. *IAHRW International Journal of Social Sciences Review*. <https://openurl.ebsco.com/contentitem/gcd:149984244?sid=ebsco:plink:crawler-gcd&id=ebsco:gcd:149984244&crl=c&jrnl=23473797>
17. Dominic Owusu, Anthony A. Nkyi, Grace Sintim Adasi (2021). Prevalent Rate of Occupational Stress among Senior High School Teachers. *Journal of Scientific Research and Reports*. <https://doi.org/10.9734/jsrr/2021/v27i1130467>
18. Anthony K Nkyi, Gladys Barkei Djankpa, Samuel Osae (2021). Psychological Distress and Life Satisfaction of Konkomba Widows in the Saboba District, Ghana. *Journal of Advanced Psychology*. <https://doi.org/10.47941/japsy.526>
19. Anita Paddy, Kenneth Asamoah-Gyimah, Anthony Nkyi (2021). Psychosocial Determinants of Postpartum Depression and Maternal Well-Being among Postnatal Women. *Open Journal of Psychiatry*. <https://doi.org/10.4236/ojpsych.2021.113012>
20. Nkyi (2020). Common Drugs of Abuse and Their Perceived Effects on Prison Inmates in Ghana. *International Journal of Education and Social Science*.
21. Anthony K. Nkyi, Jerry Paul K. Ninnoni (2020). Depression, Purpose in Life, Loneliness and Anxiety Among Patients with Substance Use Disorders in Ankaful Psychiatric Hospital in Ghana. *Journal of*

22. Anthony K Nkyi (2020). Occupational burnout among nurses working in cape coast metropolitan hospital Ghana. *Indian Journal of Health and Wellbeing*. <https://search.proquest.com/openview/842104d075f4c80d5e549f7739412650/1?pq-origsite=gscholar&cbl=2032134>
23. Anthony K. Nkyi, Hannah Avolakyi Ndede (2020). PREVALENCE OF SUBSTANCE ABUSE AND MENTAL ILLNESS CO-MORBIDITY AMONG IN-PATIENTS AT THE ANKAFUL PSYCHIATRIC HOSPITAL, GHANA. *International Invention of Scientific Journal*.
24. Anthony Kwabena Nkyi (2020). Policy Interventions in the Work Life Balance of Lecturers and Administrative Staff of the University of Cape Coast. *International Journal Social Science & Education*.
25. A. K. Nkyi (2019). Cognitive behavioural Interventions for persons living with post- traumatic stress disorder. *African Journal for the Psychological Study of Social Issues*. <https://www.ajol.info/index.php/ajpsii/article/view/218361>
26. K. Anthony Nkyi (2019). Correlation and gender difference among loneliness. Substance use and purpose in life of senior high school students in Ghana. *African Journal for the Psychological Study of Social Issues*.
27. Anthony Kwabena Nkyi (2019). Effects of Enright Process Model on Forgiveness and Anger Among Students of College of Education in the Eastern Region, Ghana. *Unpublished master's degree, University of Cape Coast*. <https://ir.ucc.edu.gh/server/api/core/bitstreams/0f1d7efe-4156-4bff-ace6-8469323b553b/content>
28. Anthony Kwabena Nkyi (2019). Effects of the twelve-step facilitation and motivational interviewing treatments on alcohol consumption among undergraduate university students in the Central Region, Ghana. *Published Doctoral Thesis, monograph, University of Cape Coast*. Digitized by Sam Jonah Library. <https://ir.ucc.edu.gh/server/api/core/bitstreams/5d459934-e50e-4233-9433-1a618604f5d7/content>
29. Anthony Nkyi (2018). Evidence for Use of a Psychometric Inventory of New College Student Adjustment with Ghanaian Students: Implications for the Professional Globalization of Counseling. *Professional Counselor*. <https://eric.ed.gov/?id=EJ1179296>
30. Getrude Manyeyo Kemetse, Eric Nyarko-Sampson, Anthony K. Nkyi, Phyllis Agyeman Nyarko (2018). IMPLEMENTATION OF GUIDANCE SERVICES IN SENIOR HIGH SCHOOLS IN HO MUNICIPALITY, GHANA. *Open Access Publishing Group - European Journal of Education Studies*. <https://doi.org/10.46827/ejes.v0i0.1625>
31. K. Anthony Nkyi (2018). Self-Esteem among junior high school students in the central region of Ghana. . *Life Psychologia*. <https://doi.org/10.10520/ejc-119cf37d06>
32. Anthony K Nkyi (2018). Teachers' perceptions of high self-esteem students and their academic achievement in the Central Region of Ghana. *Journal of Educational Foundations*. <https://www.ajol.info/index.php/jef/article/view/183046>
33. A. Stephen Lenz, Joshua C. Watson, Ye Luo, Caroline Norris, Anthony Nkyi (2017). Cross-Cultural Validation of Four Positive Psychology Assessments for Use with a Ghanaian Population. *International Journal for the Advancement of Counselling*. <https://doi.org/10.1007/s10447-017-9317-8>
34. AK Nkyi (2017). Development and implementation of a psychoeducational group for Ghanaian adolescents experiencing parental divorce. *International Perspectives on Group Work*.
35. Anthony K Nkyi (2015). Adolescents' use of alcohol, tobacco, and marijuana: the gateway to other drugs. *International Journal of Psychology and Behavioral Sciences*. <https://ir.ucc.edu.gh/server/api/core/bitstreams/c8e99b8a-7d14-4309-88b0-0d61b69cf9d5/content>
36. Anthony K. Nkyi (2015). CASE REPORT: THE USE OF WISC-IV IN ASSESSING INTELLECTUAL FUNCTIONING. *International Journal of Cognitive Research in Science Engineering and Education*. <https://doi.org/10.23947/2334-8496-2015-3-1-57-66>
37. Anthony K. Nkyi (2015). Development and Implementation of a Psychoeducational Group for Ghanaian Adolescents Experiencing Parental Divorce. *The Journal for Specialists in Group Work*. <https://doi.org/10.1080/01933922.2015.1017069>
38. Anthony Kwabena Nkyi (2015). Existential psychotherapy: The historical development and current

practice, especially with reference to its usage in African communities. *International Journal of Psychotherapy*. https://www.academia.edu/download/43067896/IJP_2015_19_3_5_Nyki.pdf

39. Anthony K Nyki (2015). Posttraumatic stress disorder in children and adolescence. *Indian Journal of Health & Wellbeing*. <https://openurl.ebsco.com/contentitem/gcd:113458949?sid=ebsco:plink:crawler-gcd&id=ebsco:gcd:113458949&crl=c&jrnl=22295356>
40. Anthony K Nyki (2015). Purpose in life among senior high school students in Ghana. *Journal of Global Research in Education and Social Science*. <https://hal.science/hal-05472736/>
41. Anthony Nyki (2014). Loneliness among senior high school students in Ghana. *British Journal of Psychology Research*. <https://ir.ucc.edu.gh/server/api/core/bitstreams/d13c95a0-490e-4c99-b6a7-8112a0f2c15b/content>
42. Anthony Nyki (2014). Substance abuse among senior high school students in Ghana. *International Journal of Social Science and Education*. <https://scholar.archive.org/work/t3qqyngjtzaptgrpa7kpkllwk7a/access/wayback/http://www.ijssse.com/sites/default/files/issues/2013/v4i2/Paper-4.pdf>
43. A. Nyki (2014). The youth and the occult. *Telstar Magazine*.
44. Anthony K Nyki (2013). Growth group for single parents in a community in Ghana. *Developing Country Studies*. <https://ir.ucc.edu.gh/server/api/core/bitstreams/74b90e2a-cedf-4356-b932-9017c31b855e/content>

Book chapters 3

1. Anthony Kwabena Nyki, Dominic Owusu (2023). Effects of Occupational Stress and Burnout on Turnover Intentions among Teachers: A Case Study from Cape Coast Metropolis, Ghana. *Progress in Language, Literature and Education Research Vol. 3*. <https://doi.org/10.9734/bpi/pller/v3/6992e>
2. K. Anthony Nyki (2019). Ghanaian Cultural Myth of Death. *Existential Psychology East – West*.
3. K. Anthony Nyki (2019). The African usage of existential psychotherapy. *Existential Psychology East – West*.

Conference papers 2

1. Anthony Nyki (2016). Relationship between alcohol use and loneliness among senior high school students in Ghana. *Education for sustainable Development in Africa : The third University of Cape Coast and University of Ilorin Joint International Conference*.
2. A. Nyki (2016). Relationship between alcohol use and purpose in life among senior high School students in Ghana. *Education for sustainable development in Africa..* <https://www.academia.edu/download/43067751/Anthony.pdf>

Reports 1

1. Anthony K Nyki (2023). Dynamics of Advanced Psychology. *Cari Journals USA LLC*. https://books.google.com/books?hl=en&lr=&id=jD_UeAAQBAJ&oi=fnd&pg=PA30&dq=info:A3ps9UcVrxMJ:scholar.google.com&ots=XO3xm2bFDs&sig=FBNBEU9-qVOBKxPZgr6Vmrz_Mp8

Theses 2

1. Anthony Kwabena Nyki (2021). Influence of Body Image and Perceived Stigmatization on Psychological Wellbeing of Obese Women in the Kumasi Metropolis. *University of Cape Coast*. <https://ir.ucc.edu.gh/server/api/core/bitstreams/577ba9ac-1458-460a-95ca-882a09f26d8f/content>
2. Anthony Kwabena Nyki (2010). Relationships between substance abuse, purpose in life, and loneliness among senior high school students in Ghana. *University of the Rockies*. <https://scholar.google.com/scholar?cluster=11676042200508432149&hl=en&oi=scholar>