

Thomas Hormenu

Senior Lecturer · Department of Health, Physical Education and Recreation
University of Cape Coast

ORCID [0000-0002-9416-4406](https://orcid.org/0000-0002-9416-4406) · Google Scholar scholar.google.com/citations?user=UzPGT5MAAAAJ&hl=en · Profile scholar.ucc.edu.gh/staff/aca539c-f1c8-4c58-978f-9852ef3097b1

RESEARCH

Interests Epidemiology of Cardiometabolic Health · Health Promotion · School Health Education · Adolescent health · Diabetes · cardiometabolic disease epidemiology · school health promotion

Areas General Health Professions · Infectious Diseases · Endocrinology, Diabetes and Metabolism · Pediatrics, Perinatology and Child Health · Physiology · Epidemiology

RESEARCH SUMMARY

72	691	15	19	1.77	26%
Publications	Citations	h-index	i10-index	Field-weighted impact	World top 10%

Counted from the 72 publications listed below, 2014–2026. Field-weighted impact is the mean over the 42 works scored for it; 1.00 is the world average for works of the same field, type and year. 11 of the 42 papers scored for it are among the world's most cited tenth for their field, type and year.

POSITIONS

Teaching and Research/Dr	2016–present
Health, Physical Education and Recreation, University of Cape Coast, Cape Coast, Ghana	
Teaching and Research/Dr	2016–present
Health, Physical Education and Recreation, University of Cape Coast, Cape Coast, Ghana	

EDUCATION AND QUALIFICATIONS

Postdoc. in Cardiometabolic Disease Epidemiology, PhD (Health Promotion in Maternal and Child Health), MPhil Health Education	2017–present
Health, Physical Education and Recreation, University of Cape Coast, Cape Coast, Ghana	

PUBLICATIONS

Journal articles 69

1. Doris Hagan, Victor Luckboy Dzramado, Cynthia Yaba Kumah, Charles Domfeh, Joana Edem Koto, Samuel Antwi, Thomas Hormenu (2026). ART adherence care strategies among adolescents living with HIV in Ghana's Ashanti Region: a qualitative study. *Frontiers in Public Health*. <https://doi.org/10.3389/fpubh.2026.1915477>
2. Thomas Hormenu, Ebenezer Oduro Antiri, Eric Awlime-Ableh, Juliet Elikem Paku, Nana Henewaah Osei-Tutu, Yvonne Comodore-Mensah (2026). Anthropometric and cardiometabolic indicators of hypertension in Ghana: evidence from the CarMeR study. *BMC Public Health*. <https://doi.org/10.1186/s12889-026-29404-8>
3. Promise Kwame Salu, Jacob Owusu Sarfo, Mustapha Amoadu, Thomas Hormenu (2026). Association of HIV post-exposure prophylaxis knowledge and utilisation among healthcare workers in Ghana: parallel mediation effect of perceived HIV risk and perceived availability of PEP. *BMJ Public Health*. <https://doi.org/10.1136/bmjph-2025-004047>
4. Ebenezer Oduro Antiri, Thomas Hormenu, Stephen Ocansey, Rudolf Aaron Arthur, Eric Awlime-Ableh, Iddrisu Salifu, Benjamin Nyane, Augustine Mac-Hubert Gabla, Juliet Elikem Paku, Edward Wilson Ansah

(2026). Effects of a device-measured physical activity intervention on visual outcomes, including contrast sensitivity, and glycaemic control in individuals with abnormal glucose tolerance: a pilot randomised trial post-CarMeR study. *Pilot and Feasibility Studies*. <https://doi.org/10.1186/s40814-026-01805-x>

5. Thomas Hormenu, Ebenezer Oduro Antiri, Stephen Ocansey, Eric Awlime-Ableh, Juliet Elikem Paku, Edward Wilson Ansah (2026). Efficacy of device-measured physical activity on cardiometabolic outcomes among individuals with abnormal glucose tolerance in Ghana: A pilot randomized controlled trial. *Global Epidemiology*. <https://doi.org/10.1016/j.gloepi.2026.100255>
6. Anthony Edward Boakye, Thomas Hormenu, Addae Boateng Adu-Gyamfi (2026). Factors associated with men's family planning discussions with health workers in Ghana. *Frontiers in Communication*. <https://doi.org/10.3389/fcomm.2026.1825424>
7. Abigail Asabea Addo, Francis Arizie, Anthony Edward Boakye, Thomas Hormenu, Addae Boateng Adu-Gyamfi, Veronica Okwuchi Charles-Unadike (2026). Factors influencing compliance with road safety protocols by commercial drivers at Hohoe in the Volta region of Ghana: a cross-sectional study. *Frontiers in Environmental Health*. <https://doi.org/10.3389/fenvh.2026.1818304>
8. Thomas Hormenu, Ebenezer Oduro Antiri, Stephen Ocansey, Edward Wilson Ansah (2026). Impact of physical activity on visual outcomes among persons with type 2 diabetes: A scoping review of randomized controlled trials. *Dialogues in Health*. <https://doi.org/10.1016/j.dialog.2026.100314>
9. Promise Kwame Salu, Jacob Owusu Sarfo, Mustapha Amodu, Thomas Hormenu (2026). Perceived risk of occupational exposure to HIV and associated factors among health care workers at district hospitals in the Greater Accra Region of Ghana: A cross-sectional study. *IJID Regions*. <https://doi.org/10.1016/j.ijregi.2026.100892>
10. Mary Aku Ogum, Joseph Kwame Mintah, Prosper Narteh Ogum, Jacob Owusu Sarfo, Thomas Hormenu, Edward Wilson Ansah (2026). Prevalence and associated factors of sexually transmitted infections among unmarried undergraduate university students. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0358430>
11. Thomas Hormenu, Ebenezer Oduro Antiri, Juliet Elikem Paku, Shaibu Bukari, Adeladza Kofi Amegah (2026). Prevalence and risk factors of cardiometabolic disease among informal sector workers in Cape Coast, Ghana: Insights from the CarMeR study. *PloS one*. <https://doi.org/10.1371/journal.pone.0359530>
12. Joyce Evelyn Ansah, Daniel Apaak, Thomas Hormenu (2026). Risk factors associated with gestational diabetes mellitus in Ghana: a prospective cohort study. *Scientific Reports*. <https://doi.org/10.1038/s41598-026-57785-8>
13. Doris Hagan, Victor Luckboy Dzramado, Cynthia Yaba Kumah, Charles Domfeh, Joana Edem Koto, Samuel Antwi, Thomas Hormenu (2026). The relationship between self-reported adherence and virological outcomes among adolescents on antiretroviral therapy in Ghana. *BMC Public Health*. <https://doi.org/10.1186/s12889-026-27647-z>
14. Edward Wilson Ansah, Emmanuel Ankomah-Appiah, Thomas Hormenu (2025). Assessing heat stress, ambulatory hypertension and thermal symptoms in fish smokers along coastal areas in Ghana: a cross-sectional study. *BMJ Public Health*. <https://doi.org/10.1136/bmjph-2024-001378>
15. Benjamin Adjei, Thomas Hormenu, Joseph Kwame Mintah (2025). Community-based surveillance system structures and knowledge level of community-based surveillance volunteers on priority diseases in Ghana. *PLOS Global Public Health*. <https://doi.org/10.1371/journal.pgph.0003779>
16. Eric Awlime-Ableh, Ebenezer Oduro Antiri, Juliet Elikem Paku, Thomas Hormenu (2025). Determinants of physical activity levels and quality of life among older adults in Ghana: insights from cardiometabolic risk (CarMeR) study. *Archives of Public Health*. <https://doi.org/10.1186/s13690-025-01797-9>
17. Ebenezer Oduro Antiri, Thomas Hormenu, Stephen Ocansey, Edward Wilson Ansah (2025). Effects of physical activity on visual outcomes among type 2 diabetes patients: protocol for a scoping review of randomized controlled trials. *Systematic Reviews*. <https://doi.org/10.1186/s13643-025-02887-z>
18. Ebenezer Oduro Antiri, Thomas Hormenu, Edward Wilson Ansah, Stephen Ocansey, Rudolf Aaron Arthur, Eric Awlime-Ableh, Iddrisu Salifu, Benjamin Nyane, Augustine Mac-Hubert Gabla, Juliet Elikem Paku (2025). Efficacy of a physical activity regimen on visual outcomes among persons newly diagnosed with abnormal glucose tolerance: Study protocol for a pilot randomized controlled trial. *Medicine Case Reports*

and Study Protocols. <https://doi.org/10.1097/md9.0000000000000364>

19. Alice Ayawine, Roger A. Atinga, Thomas Hormenu (2025). The “Road to Death and After”: Understanding the Dynamics of Maternal Near Miss from Survivors in Rural Ghana. *Women s Reproductive Health*. <https://doi.org/10.1080/23293691.2025.2540340>
20. Samuel Sem, Jacob Owusu Sarfo, Mustapha Amoadu, Thomas Hormenu (2025). Uptake and determinants of routine vaccines among children aged 12–23 months in adansi South district of Ghana. a cross-sectional study. *BMC Pediatrics*. <https://doi.org/10.1186/s12887-025-05559-y>
21. Thomas Hormenu (2024). 1287-P: Unmasking the Risk Factors for Undiagnosed Diabetes among Adult Ghanaians Using Generalised Structural Equation Modeling—Insight from CarMeR Study. *Diabetes*. https://diabetesjournals.org/diabetes/article-abstract/73/Supplement_1/1287-P/155848
22. Eric Tettegah, Thomas Hormenu, Nancy Innocentia Ebu-Enyan (2024). Risk factors associated with anaemia among pregnant women in the Adaklu District, Ghana. *Frontiers in Global Women s Health*. <https://doi.org/10.3389/fgwh.2023.1140867>
23. Thomas Hormenu, Iddrisu Salifu, Ebenezer Oduro Antiri, Juliet Elikem Paku, Aaron Rudolf Arthur, Benjamin Nyane, Eric Awlime Ableh, Augustine Mac-Hubert Gablah, Cecil Banson, Samuel Amoah, Marie Consolatrice Sage Ishimwe, Regine Mugeni (2024). Risk factors for cardiometabolic health in Ghana: Cardiometabolic Risks Study Protocol-APT1 Project. *Frontiers in Endocrinology*. <https://doi.org/10.3389/fendo.2024.1337895>
24. Thomas Hormenu, Iddrisu Salifu, Juliet Elikem Paku, Peace Yaa Kordowu, Adams Abdul-Karim, Thomas Boateng Gyan, Immanuel Asiedu, Osman Abdul-Ganiyu, Mustapha Amoadu (2024). Tropical oils consumption and health: a scoping review to inform the development of guidelines in tropical regions. *BMC Public Health*. <https://doi.org/10.1186/s12889-024-19949-x>
25. Thomas Hormenu, Iddrisu Salifu, Juliet Elikem Paku, Eric Awlime-Ableh, Ebenezer Oduro Antiri, Augustine Mac-Hubert Gabla, Rudolf Aaron Arthur, Benjamin Nyane, Samuel Amoah, Cecil Banson, James Kojo Prah (2024). Unmasking the Risk Factors Associated with Undiagnosed Diabetes and Prediabetes in Ghana: Insights from Cardiometabolic Risk (CarMeR) Study-APT1 Project. *International Journal of Environmental Research and Public Health*. <https://doi.org/10.3390/ijerph21070836>
26. Mustapha Amoadu, Edward Wilson Ansah, Jacob Owusu Sarfo, Thomas Hormenu (2023). Impact of climate change and heat stress on workers’ health and productivity: A scoping review. *The Journal of Climate Change and Health*. <https://doi.org/10.1016/j.joclim.2023.100249>
27. C Domfeh, T Hormenu, Michael Appiah (2023). Instructional supervision and practices of teachers in physical exercise and sports programmes in public primary schools of Volta Region, Ghana. *Faculty of Natural and Applied Sciences Journal of Mathematics, and Science Education*. <https://fnasjournals.com/index.php/FNAS-JMSE/article/view/247>
28. Thomas Hormenu (2022). Dietary intake and its associated factors among in-school adolescents in Ghana. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0268319>
29. Patience Fakornam Doe, Thomas Hormenu, Nancy Innocentia Ebu Enyan (2022). Integrating Preconception Health into Routine Reproductive Health Services of Ghana: A Qualitative Study Among University Students. *Journal of Family & Reproductive Health*. <https://doi.org/10.18502/jfrh.v16i1.8593>
30. Thomas Hormenu (2022). Lived Experiences of Diabetics with the Health Care System in the Rural Areas. *Research Article Received: January*. https://www.researchgate.net/profile/Isaac-Kwakye-2/publication/361762408_Lived_Experiences_of_Diabetics_with_the_Health_Care_System_in_the_Rural_Areas_Axton_J_Medical_Case_Reports_Citation/links/62c3fdd13f38b17066d44baf/Lived-Experiences-of-Diabetics-with-the-Health-Care-System-in-the-Rural-Areas-Axton-J-Medical-Case-Reports-Citation.pdf
31. Zoe C. Waldman, Blayne R. Schenk, Marie Grace Duhuza Karera, Arielle C. Patterson, Thomas Hormenu, Lilian S. Mabundo, Christopher W. DuBose, Ram Jagannathan, Peter L. Whitesell, Annemarie Wentzel, Margrethe F. Horlyck-Romanovsky, Anne E. Sumner (2022). Sleep and Economic Status Are Linked to Daily Life Stress in African-Born Blacks Living in America. *International Journal of Environmental Research and Public Health*. <https://doi.org/10.3390/ijerph19052562>
32. THOMAS HORMENU (2021). 1003-P: FINDRISC Identifies Diabetes Due to Insulin Resistance but Not

β -Cell Failure. *Diabetes*. https://diabetesjournals.org/diabetes/article-abstract/70/Supplement_1/1003-P/140477

33. THOMAS HORMENU (2021). 1089-P: Abnormal Glucose Tolerance Consequences Depend on Etiology: Insulin Resistance vs. β -Cell Failure. *Diabetes*. https://diabetesjournals.org/diabetes/article-abstract/70/Supplement_1/1089-P/140377
34. THOMAS HORMENU (2021). 984-P: African Women Have Lower Cardiometabolic Risk at Higher BMI than Men: The Africans in America Study. *Diabetes*. https://www.researchgate.net/profile/Thomas-Hormenu/publication/352717738_984-P_African_Women_Have_Lower_Cardiometabolic_Risk_at_Higher_BMI_than_Men_The_Africans_in_America_Study/links/60edbcc716f9f313007df026/984-P-African-Women-Have-Lower-Cardiometabolic-Risk-at-Higher-BMI-than-Men-The-Africans-in-America-Study.pdf
35. Thomas Hormenu (2021). Beta-cell failure rather than insulin resistance is the major cause of abnormal glucose tolerance in Africans: insight from the Africans in America study. *BMJ open diabetes research & care*. <https://drc.bmj.com/content/9/1/e002447>
36. Thomas Hormenu (2021). Cardiovascular Disease Risk of Abnormal Glucose Tolerance Depends on Etiology: Insulin Resistance versus Beta-Cell Failure. *Circulation*. https://doi.org/10.1161/circ.144.suppl_1.13992
37. Bright Opoku Ahinkorah, John Elvis Hagan, Abdul-Aziz Seidu, Thomas Hormenu, John Ekow Otoo, Eugene Budu, Thomas Schack (2021). Linking Female Adolescents' Knowledge, Attitudes and Use of Contraceptives to Adolescent Pregnancy in Ghana: A Baseline Data for Developing Sexuality Education Programmes. *Healthcare*. <https://doi.org/10.3390/healthcare9030272>
38. Isaac Nyarko Kwakye, James Antwi, Thomas Hormenu (2021). Lived Experiences of Diabetes Patients in Rural Areas of Ghana: Discovering the Forces that Determine Psychosocial Care. *Journal of Education Society and Behavioural Science*. <https://doi.org/10.9734/jesbs/2021/v34i630333>
39. Eugene Budu, Abdul-Aziz Seidu, Ebenezer Agbaglo, Ebenezer Kwesi Armah-Ansah, Kwamena Sekyi Dickson, Thomas Hormenu, John Elvis Hagan, Collins Adu, Bright Opoku Ahinkorah (2021). Maternal healthcare utilization and full immunization coverage among 12–23 months children in Benin: a cross sectional study using population-based data. *Archives of Public Health*. <https://doi.org/10.1186/s13690-021-00554-y>
40. Thomas Hormenu (2021). Teacher-related barriers to effective teaching of physical education in public primary schools. *International Journal of Physiology, Nutrition and Physical Education*. <https://www.academia.edu/download/109404816/6-2-151-952.pdf>
41. Iddrisu Amadu, Abdul-Aziz Seidu, Eric Duku, Joshua Okyere, John Elvis Hagan, Thomas Hormenu, Bright Opoku Ahinkorah (2021). The Joint Effect of Maternal Marital Status and Type of Household Cooking Fuel on Child Nutritional Status in Sub-Saharan Africa: Analysis of Cross-Sectional Surveys on Children from 31 Countries. *Nutrients*. <https://doi.org/10.3390/nu13051541>
42. Thomas Hormenu (2020). 1446-P: A1C and Glycated Albumin Combined Improves Detection of Abnormal Glucose Tolerance in Africans. *Diabetes*. https://diabetesjournals.org/diabetes/article-abstract/69/Supplement_1/1446-P/55693
43. Thomas Hormenu (2020). 1447-P: Random Glucose May Be an Effective Tool to Screen for Undiagnosed Diabetes: The Africans in America Study. *Diabetes*. https://diabetesjournals.org/diabetes/article-abstract/69/Supplement_1/1447-P/55764
44. Thomas Hormenu (2020). 1554-P: Abnormal Glucose Tolerance Due to Beta-Cell Failure Is Common in Nonobese Africans. *Diabetes*. https://diabetesjournals.org/diabetes/article-abstract/69/Supplement_1/1554-P/55988
45. Thomas Hormenu (2020). 1555-P: Physiologic Stress Measured by Allostatic Load Score Is Associated with Abnormal Glucose Tolerance in African Immigrants. *Diabetes*. https://diabetesjournals.org/diabetes/article-abstract/69/Supplement_1/1555-P/55986
46. Thomas Hormenu (2020). 796-P: Undiagnosed Diabetes Is Associated with Stress-Related Behaviors in African Immigrants. *Diabetes*. https://diabetesjournals.org/diabetes/article-abstract/69/Supplement_1/796-P/59032

47. Thomas Hormenu (2020). Abstract P301: Differences in Stress Related Behavior According to Age of Immigration: Insight From the Africans in America Study. *Circulation*. https://doi.org/10.1161/circ.141.suppl_1.p301
48. Thomas Hormenu (2020). Abstract P302: Adverse Health Behaviors Identified in Africans Living With Undiagnosed Diabetes in America. *Circulation*. https://doi.org/10.1161/circ.141.suppl_1.p302
49. Elyssa M. Shoup, Thomas Hormenu, Nana H. Osei-Tutu, M. C. Sage Ishimwe, Arielle C. Patterson, Christopher W. DuBose, Annemarie Wentzel, Margrethe F. Horlyck-Romanovsky, Anne E. Sumner (2020). Africans Who Arrive in the United States before 20 Years of Age Maintain Both Cardiometabolic Health and Cultural Identity: Insight from the Africans in America Study. *International Journal of Environmental Research and Public Health*. <https://doi.org/10.3390/ijerph17249405>
50. Bright Opoku Ahinkorah, Eugene Budu, Abdul-Aziz Seidu, John Elvis Hagan, Ebenezer Agbaglo, Thomas Hormenu, Thomas Schack, Sanni Yaya (2020). Consistent condom use among men who pay for sex in sub-Saharan Africa: Empirical evidence from Demographic and Health Surveys. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0236552>
51. Thomas Hormenu (2020). Identifying Africans with undiagnosed diabetes: Fasting plasma glucose is similar to the hemoglobin A1C updated Atherosclerosis Risk in Communities diabetes prediction equation. *Primary Care Diabetes*. <https://www.sciencedirect.com/science/article/pii/S1751991820300711>
52. Thomas Hormenu (2020). Improved Detection of Abnormal Glucose Tolerance in Africans: The Value of Combining Hemoglobin A1c With Glycated Albumin. *Diabetes Care*. <https://diabetesjournals.org/care/article-abstract/43/10/2607/35965>
53. T Hormenu (2020). Knowledge and challenges of partograph utilisation among midwives in the central region of Ghana. *EC Nursing and Healthcare*. <https://ir.ucc.edu.gh/server/api/core/bitstreams/c85fdb74-e1ab-43b1-8e08-5970db5a39d8/content>
54. Thomas Hormenu (2020). Metabolic characteristics of Africans with normal glucose tolerance and elevated 1-hour glucose: insight from the Africans in America study. *BMJ open diabetes research & care*. <https://drc.bmj.com/content/8/1/e000837>
55. Yvonne Annoon, Thomas Hormenu, Bright Opoku Ahinkorah, Abdul-Aziz Seidu, Edward Kwabena Ameyaw, Francis Sambah (2020). Perception of pregnant women on barriers to male involvement in antenatal care in Sekondi, Ghana. *Heliyon*. <https://doi.org/10.1016/j.heliyon.2020.e04434>
56. Thomas Hormenu (2020). Stress measured by allostatic load varies by reason for immigration, age at immigration, and number of children: the Africans in America study. *International Journal of Environmental Research and Public Health*. <https://www.mdpi.com/1660-4601/17/12/4533>
57. Thomas Hormenu (2019). A review of diabetes prediction equations in African descent populations. *Frontiers in endocrinology*. <https://doi.org/10.3389/fendo.2019.00663>
58. Thomas Hormenu (2019). A1C underperforms as a diagnostic test in Africans even in the absence of nutritional deficiencies, anemia and hemoglobinopathies: insight from the Africans in America study. *Frontiers in endocrinology*. <https://doi.org/10.3389/fendo.2019.00533>
59. Bright Opoku Ahinkorah, John Elvis Hagan, Abdul-Aziz Seidu, Eugene Budu, Thomas Hormenu, Joseph Kwame Mintah, Francis Sambah, Thomas Schack (2019). Access to Adolescent Pregnancy Prevention Information and Services in Ghana: A Community-Based Case-Control Study. *Frontiers in Public Health*. <https://doi.org/10.3389/fpubh.2019.00382>
60. Francis Sambah, John Elvis Hagan Jr, Joseph Kwame Mintah, Thomas Hormenu, Bright Opoku Ahinkorah, Thomas Schack, Abdul-Aziz Seidu (2019). Determinants of HIV Testing and Counseling Utilization among Trainee Nurses and Midwives in Central Region of Ghana. *Clinical Research in Psychology*. <https://doi.org/10.33309/2639-9113.020104>
61. Bright Opoku Ahinkorah, John Elvis Hagan Jr., Abdul-Aziz Seidu, Joseph Kwame Mintah, Francis Sambah, Thomas Schack, Thomas Hormenu (2019). Examining Pregnancy Related Socio-Cultural Factors Among Adolescent Girls in the Komenda-Edina-Eguafo-Abrem Municipality in the Central Region of Ghana: A Case-Control Study. *Frontiers in Public Health*. <https://doi.org/10.3389/fpubh.2019.00093>

62. Nancy Innocentia Ebu Enyan, KA Pereko, T Hormenu (2018). Determinants of contraceptive use among women of reproductive age in Asankragwa in the Western Region of Ghana. *International Journal of Nursing and Midwifery*. <https://ir.ucc.edu.gh/server/api/core/bitstreams/7c4a1bb1-c78b-40b2-8dfc-f1229f10262a/content>
63. Thomas Hormenu, Edward Wilson Ansah (2018). Developing and promoting active lifestyles for healthy living and national development. *Ghana Journal of Health, Physical Education, Recreation, Sport and Dance*. <https://ir.ucc.edu.gh/server/api/core/bitstreams/feebe909-7a66-4b4f-ad9a-0ce9916ed841/content>
64. Jnr. John Elvis Hagan, Christiana Nsiah-Asamoah,, Thomas Hormenu,, Dietmar Pollmann,, Thomas Schack, (2018). Managing Overweight and Obesity in Ghana from a Cultural Lens: The Complementary Role of Behaviour Modification. *Journal of Preventive Medicine And Care*. <https://doi.org/10.14302/issn.2474-3585.jpmmc-18-2059>
65. Francis Sambah, Thomas Hormenu, Bright Opoku Ahinkorah, John Elvis Hagan Jr, Thomas Schack (2018). Nurses/Midwifery Trainees' Knowledge, Attitudes and Utilisation of HIV Testing/Counselling Service in the Central Region of Ghana. *J of Health Science*. <https://doi.org/10.17265/2328-7136/2018.06.009>
66. Thomas Hormenu, John Elvis Hagan Jnr, Thomas Schack (2018). Predictors of alcohol consumption among in-school adolescents in the Central Region of Ghana: A baseline information for developing cognitive-behavioural interventions. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0207093>
67. Hormenu Thomas, Jnr. John Elvis Hagan, Thomas Schack, Dietmar Pollmann (2018). Psychosocial Determinants of Marijuana Utilization among Selected Junior High School Students in the Central Region of Ghana. *Journal of Preventive Medicine And Care*. <https://doi.org/10.14302/issn.2474-3585.jpmmc-18-2223>
68. T Hormenu (2018). Socio-demographic inequalities in the prevalence of sexual intercourse among school going adolescents in the Central Region of Ghana. *EC Psychology and Psychiatry*. https://www.researchgate.net/profile/John-Hagan-Jnr/publication/324519888_Socio-Demographic_Inequalities_in_the_Prevalence_of_Sexual_Intercourse_among_School_Going_Adolescents_in_the_Central_Region_of_Ghana/links/5ad1fa97a6fdcc29357cf974/Socio-Demographic-Inequalities-in-the-Prevalence-of-Sexual-Intercourse-among-School-Going-Adolescents-in-the-Central-Region-of-Ghana.pdf
69. Thomas Hormenu, Patrick Kwasi Akutu, Stephen Oklu (2017). Factors influencing teenage pregnancy in Komenda, Edina, Eguafu Abirem Municipality. *Ghana Journal of Health Physical Education Recreation Sports and Dance (GJOHPERSD)*. <https://doi.org/10.47963/gjohpersd.v10i1.541>

Reports 2

1. Thomas Hormenu (2019). Factors Influencing in-School Adolescents' Satisfaction with the Quality of Healthcare Delivery in Ghana. *University of Cape Coast*. <https://ir.ucc.edu.gh/server/api/core/bitstreams/3447de5e-08d6-462a-a9f1-fce334c12a1a/content>
2. Thomas Hormenu, M Agyei (2014). Challenges and prospects of off campus practicum: The experience of the physical education student teacher. *University of Cape Coast*. <https://ir.ucc.edu.gh/items/897d6ee4-67e9-40e6-a9d6-9cb3393dc6a9>

Theses 1

1. Thomas Hormenu (2017). Determinants Of Health-Related Behaviours Among School Going Adolescents in the Central Region of Ghana. *University of Cape Coast*. <https://ir.ucc.edu.gh/items/64725b0a-3972-45ef-a03a-029d47c8de8a>