Kwesi Prah Thomford

Senior Lecturer · Pharmacology
University of Cape Coast

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RESEARCH

Areas: Complementary and alternative medicine · Pharmacology · Plant Science · Epidemiology · Cell Biology · Endocrinology, Diabetes and Metabolism

RESEARCH SUMMARY

16	96	6	3	0.84	6%
Publications	Citations	h-index	i10-index	Field-weighted impact	World top 10%

Counted from the 16 publications listed below, 2014–2026. Field-weighted impact is the mean over the 16 works scored for it; 1.00 is the world average for works of the same field, type and year. 1 of the 16 papers scored for it are among the world's most cited tenth for their field, type and year.

POSITIONS

Lecturer 2020–present
Department of Pharmacognosy and Herbal Medicine, University of Cape Coast, Cape Coast, Ghana

Post-Doctoral Fellow 2019–2020
Graduate School of Biomedical Sciences, Nagasaki Daigaku, Nagasaki, Japan

Lecturer 2016–2019
Department of Herbal Medicine, Kwame Nkrumah University of Science and Technology College of Health Sciences, Kumasi, Ghana

Medical Herbalist/Assistant Researcher 2009–2016
Clinical Research Department, Centre for Plant Medicine Research, Mampong-Akuapem, Ghana

EDUCATION AND QUALIFICATIONS

PhD Pharmacognosy 2010–2015
Department of Pharmacognosy, Kwame Nkrumah University of Science and Technology, Kumasi, Ghana

B.Sc. Herbal Medicine 2003–2007
Department of Herbal Medicine, Kwame Nkrumah University of Science and Technology Faculty of Pharmacy and Pharmaceutical Sciences, Kumasi, Ghana

PUBLICATIONS

Journal articles 16

1. Emmanuel Delali Kofi Fiagbey, Linda Nyame, Zexiang Bao, Zikomo Gaudence Kipanga, Isaac Nii Lante Lamptey, Daniel Kofi Nyame, Helen Dekyem, Yusuf Nasir Maigari, Andriniaina Eric Abdon, **Kwesi Prah Thomford**, Jianjun Zou (2026). Knowledge, awareness, and practices of adverse drug reaction reporting among healthcare professionals in the Ashanti region of Ghana. *Indian Journal of Pharmacology*. https://doi.org/10.4103/ijp.ijp_1239_25
2. Linda Nyame, Hui Xue, Jinxia Yu, Emmanuel D. K. Fiagbey, **Kwesi Prah Thomford**, Wei Du (2024). Characteristics and trends in adverse drug reactions in Ghana—evidence of spontaneous reports, 2005—

2021. *Naunyn-Schmiedeberg s Archives of Pharmacology*. https://doi.org/10.1007/s00210-024-03302-5

3. Ama Kyeraa Thomford, **Kwesi Prah Thomford**, Andrews Ebo Tetteh, Rosemary Sorkpor, Joseph Yorke (2024). Safety and efficacy of Lippia multiflora in the management of stage I hypertension: outcomes of a randomised controlled trial. *Journal of Herbal Medicine*. https://doi.org/10.1016/j.hermed.2024.100947
4. Anthony Nketia, Emmanuel Nakua, Andrews William Tetteh, **Kwesi Prah Thomford**, Kwame O. Boadu, Ama Kyeraa Thomford, Richmond Amo (2022). Herbal medicine practice in Ghana: A cross-sectional study to understand the factors influencing patient utilization of herbal medicine services. *International Research Journal of Public and Environmental Health*. https://doi.org/10.15739/irjpeh.22.003
5. **Kwesi Prah Thomford**, Joseph Yorke, Ama Kyeraa Thomford, Isaac Kingsley Amponsah (2021). A formulation of Clausena anisata (Willd.) Hook. f. Ex Benth and Cassia sieberiana DC. alleviates the symptoms associated with osteoarthritis: a single-blind, randomised controlled trial of a traditional Ghanaian remedy. *Clinical Phytoscience*. https://doi.org/10.1186/s40816-021-00313-0
6. **Kwesi Prah Thomford**, Ama Kyeraa Thomford, Joseph Yorke, Ronald Yeboah, Alfred Ampomah Appiah (2021). Momordica charantia L. for hyperlipidaemia: A randomised controlled assessment of the Ghanaian herbal medicinal product MCP-1. *Journal of Herbal Medicine*. https://doi.org/10.1016/j.hermed.2021.100453
7. A. O. Agyemang, M. L. K. Mensah, R. C. Yamile, A. Ocloo, A. A. Appiah, A. Y. Mensah, **K. P. Thomford** (2020). Clinical Evaluation of the Safety and Effectiveness of Heptonica: A Ghanaian Hepatorestorative Polyherbal Product. *Evidence-based Complementary and Alternative Medicine*. https://doi.org/10.1155/2020/9596182
8. AndrewsW. Tetteh, **KwesiP. Thomford**, MerlinL. Mensah, KwameO. Boadu, AmaK. Thomford, IsaacK. Amposah, Godfred Amofa, BenardK. Turkson, MichaelO. Agyemang, EmmanuelD. J. Owusu-Ansah (2020). Ghanaian herbal medicines for malaria: An Evaluation of the Clinical Safety and Effectiveness of "Time Herbal Mixture" in uncomplicated malaria. *Pharmacognosy Research*. https://doi.org/10.4103/pr.pr_23_19
9. Authentia Sokpe, Merlin L. K. Mensah, George A. Koffuor, **Kwesi P. Thomford**, Richmond Arthur, Yakubu Jibira, Michael K. Baah, Bright Adedi, Hope Y. Agbemenyah (2020). Hypotensive and Antihypertensive Properties and Safety for Use of Annona muricata and Persea americana and Their Combination Products. *Evidence-based Complementary and Alternative Medicine*. https://doi.org/10.1155/2020/8833828
10. Ronald Yeboah, **Kwesi P. Thomford**, Rudolph Mensah, Alfred A. Appiah, Ama K. Thomford, Augustine Ocloo (2019). A pilot study on the efficacy of an Antiaris toxicaria subsp. africana (Engl.) C.C. Berg based Ghanaian herbal product in the management of peripheral neuropathy. *Journal of Pharmacy & Pharmacognosy Research*. https://doi.org/10.56499/jppres17.346_7.1.59
11. **Kwesi Prah Thomford**, Merlin Lincoln Kwao Mensah, Rita A. Dickson, Ama Kyeraa Thomford, Alfred Ampomah Appiah, Stephen Yao Gbedema (2019). Appraisal of the Constituent Plant Materials in a Ghanaian Antifungal Herbal Product; An in vitro Interactive Combination Analysis and a Pilot Clinical Study to Determine Efficacy. *International Journal of Phytomedicine*.
12. Andrews W. Tetteh, Merlin L. Mensah, Kwame O. Boadu, **Kwesi P. Thomford**, Michael O. Agyemang, Kofi Annan, Rita Dickson, Abraham Y. Mensah, Isaac K. Amposah, Edmund Ekuadzi, Emmanuel D. J. Owusu-Ansah (2017). Clinical Evaluation of the Safety and Effectiveness of Adutwumwaa Malamix: A Polyherbal Product for the Treatment of Uncomplicated Malaria in Ghana. *Journal of Applied Pharmaceutical Science*. https://doi.org/10.7324/japs.2017.70706
13. **K.P. Thomford**, M.L.K. Mensah, R.A. Dickson, B.S. Sarfo, D.A. Edoh, F.C. Mills-Robertson, K. Annan (2015). A randomized double-blind study evaluating the safety and effectiveness of a Ghanaian polyherbal product for the management of superficial mycoses. *Journal of Herbal Medicine*. https://doi.org/10.1016/j.hermed.2015.06.001
14. **K. P Thomford**, M. L.K Mensah, R. A Dickson, M. Sakyiamah, D. A Edoh, K. Annan (2015). DETERMINATION OF THE RUTIN, QUERCETIN AND KAEMPFEROL CONTENTS IN A GHANAIAN POLYHERBAL FORMULATION (EAF-2011) AND ITS RAW MATERIALS USING A SIMULTANEOUS RP-HPLC METHOD. *International Journal of Pharmaceutical Sciences and Drug Research*. https://doi.org/10.25004/ijpsdr.2015.070117
15. Ama Thomford, **Kwesi Thomford**, Fred Ayertey, Dominic Edoh, Kobena Thomford, Elvis Ameyaw, J.

Boampong, M. Enimil, S. Bioh (2015). The Ethanolic Leaf Extract of Alchornea cordifolia (Schum. and Thonn.) Muell. Arg Inhibits the Development of Dyslipidaemia and Hyperglycaemia in Dexamethasone-Induced Diabetic Rats. *Journal of Applied Pharmaceutical Science*. https://doi.org/10.7324/japs.2015.50910

16. Kwame Kumi Asare, Johnson Nyarko Boampong, Elvis Ofori Ameyaw, Ama Kyeraa Thomford, Richmond Afoakwah, Godwin Kwakye-Nuako, **Kwesi Prah Thomford**, Neils Ben Quashie (2014). Microscopic identification of possible Clonorchis/Opisthorchis infection in two Ghanaian women with undiagnosed abdominal discomfort: two case reports. *Journal of Medical Case Reports*. https://doi.org/10.1186/1752-1947-8-369